

Ditkofsky Training Program

through the generosity of Libby Ditkofsky



Training for professional staff
Working effectively with diagnosed individuals and families

Enhancing the lives of everyone impacted by Alzheimer's Disease and related disorders

Alzheimer Groupe Inc. (AGI) is a not-for-profit organization that provides a comprehensive range of services to those directly and indirectly affected by Alzheimer's Disease and related disorders, increasing awareness and understanding of the disease.

Ditkofsky Training Program

Ditkofsky Training is a uniquely flexible program that can be tailored to meet the specific needs of the staff in a particular facility or centre. The curriculum is adapted to reflect the staff's experience, background, previous training in dementia care and expressed needs.

Each participant who completes the 12 hour program receives an attestation.

Program outline

1. Alzheimer's Disease (AD) and related disorders (rd)

- How does AD/rd affect the brain?
- The progression of AD (stages)
- How damage to different parts of the brain affects behaviour

2. Relocation Stress Syndrome

- Identify the symptoms of Relocation Stress Syndrome and implement intervention strategies
- Depression, pain and the roles they play in AD/rd

3. Communication

- Roadblocks to communication
- Innovative communication tools and strategies
- The importance of non-verbal communication – body language, voice tone, touch, etc.
- The need for good communication with families

4. Designing and Implementing Daily Activities

- Successful activity planning for individuals with AD/rd
- Creating the best conditions for success

5. Nutritional Issues

- Changes in the nutritional needs of residents with AD/rd
- Appropriate interventions for mealtime difficulties

6. Challenging Behaviours

- Interventions for managing challenging behaviours
- Role play with practical scenarios

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